



# The Light of The World Church: Health Ministry

## Rachel Pina, Medical Humanities, Fall 2022

SERVICE

### SUMMARY

*As a member of the First Aid Team of the Light of The World Church, I was given the opportunity to fly to Guadalajara, Jalisco on August 11<sup>th</sup> to the 16<sup>th</sup> to help in an event where more than 600,000 members of the church attended a sacrilegious event called The Holy Supper. The team is composed of hundreds of medical professionals and students from the United States and Mexico, all of which are members of the church. For days and countless of hours (mainly 12-hour shifts) I worked alongside of pediatric doctors, general practitioners, surgeons, chiropractist, chiropractors, registered nurses, medical assistants, medical school students and even pharmacists who all had the same goal of helping many members who could not afford medical attention or medications all FREE of charge. My main job was to take vital signs but my ultimate goal is to one day help with the same willingness and enthusiasm as my colleagues.*



### SPICES

*Helping in the Light of The World First Aid Team embodies the meaning of service because the mission and purpose of the ministry is to extend medical attention to thousands of members, and even nonmembers, of the congregation during major events without charging a single penny.*

### HERBS

- Show compassion to patients*
- Being empathetic to understand and relate to the patients*
- Being dedicated and passionate; not allowing tiredness to overcome the full potential that can be put in to helping others.*

### LEARNING OUTCOMES

*My participation in the Holy Supper cleared the doubts I had about my future. I saw many new techniques doctors use in clinical settings and operated new equipment but most importantly I learned so much about myself. I learned that I enjoyed and felt extreme satisfaction whenever I helped another person. Whether it was a young child or an old man, I felt so much joy and pleasure extending a hand to those in need.*



### IMPACT

*This experienced has made me feel more excited for my future and has strengthened my desire to work within the healthcare field. I now gained confidence to continue forward with my goal. With this experience I have gained not only the satisfaction of helping many patients, but I have also gathered knowledge and professional skills that will shape me as a future healthcare provider.*

### ADVICE

*If you are second-guessing your career choice, or if you are just not sure what you want to study, then find something that will challenge you. Chances are that you might open new doors to a career you never thought about, or maybe it will just solidify your goals.*