



Teaching at Aum School

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Leadership

SUMMARY

Aum School is a nonprofit organization that provides quality education along with Indian culture and Vedic values. This past summer I received the opportunity to teach kids, aged two to twelve, various aspects of Indian culture. I spent about 8 hours a day implementing and teaching Hindu Vedic values such as eating healthy, home-cooked food on the floor, practicing yoga, reading stories from our ancient scriptures, and learning Indian classical dance. Apart from teaching those, the kids also learned different languages including Hindi and Sanskrit and Vedic math, Carnatic singing, and prayers. Working with kids has been a personal goal of mine since I'm interested in becoming a healthcare professional specifically for children.



SPICES

As a teacher at the Aum School, I was required to lead and follow a schedule as well as create part of the curriculum specifically for dance, art, and story time. This position made it essential for me to exhibit my leadership skills.

HERBS

This experience allowed me to display my equitability, resiliency, and benevolence. In order for the kids to get the best education, I must treat them equally and kindly at all times, even when the situation seem difficult.

LEARNING OUTCOMES

Some important skills I had to work on were patience and flexibility in terms of teaching the kids the same lesson in different ways so that everyone can understand and learn. Because most of the kids in my class were very young (2-5 years old) and there were about 15-20 of them, working efficiently and handling their behavior properly became extremely vital. I learned how important positive reinforcement and encouragement was to young kids.



IMPACT

The impact teaching Hindu values in a country where they are not originally from is great on young children. It shows that it is still important to maintain our roots because as an Indian Americans, we should find the balance between both. I hope that I showed these kids that our values can be implemented in the lifestyle we live and that we shouldn't be afraid to embrace our Indian side in a different country. I myself sometimes struggle with my identity as an Indian American and I think this job gave me a chance to embrace that side as well and learn more about my culture.

ADVICE

My advice is to explore opportunities with young kids because the impact we leave on them can last a lifetime and it is truly rewarding to help shape the younger generation. The skills you learn from being with kids can be applicable with jobs that require people interaction.