



Honors Peer Coaching

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Leadership

SUMMARY

At the honors college one of the main resources provided to students is the ability to meet with a peer coach before meeting with their advisor. By meeting with us they are able to have a better grasp of what is taught in their Honors 101 class and expand upon how those lessons relate to themselves. From there we work together to talk about their thoughts and goals, and how they envision achieving them. Over the course of the semester peer coaches were also responsible for finding potential experiences for students that are struggling to find experiences on their own. Meeting with students and finding experiences complimented each other as talking with students and finding their interests helped apply that knowledge to students in similar situations.



SPICES

I believe that peer coaching embodies LEADERSHIP by helping students reach their goals without driving them into a specific path. We act as an information resource for them and as a guide when asked.

HERBS

A main goal of peer coaching was to SUPPORT students, and to remain RESILIENT whether they had questions or needed help staying on task.

LEARNING OUTCOMES

This experience mainly relied on my ability to COMMUNICATE EFFECTIVELY to help students share their ideas and while not overly influencing their choices. I believe this also influenced my own SELF AWARENESS and REFLECTION. Throughout the program I met with a variety of students that had similar ideas and varying solutions and by listening to them I believe I gained a better understanding of those situations.

IMPACT

The main point of the program is to help new honors students and to act as a support as the transition into the program. I believe me and my fellow coaches created an environment where students can come to us with concerns and ideas to better themselves. Throughout my time as a peer coach I believe I have helped many students to at the very least be better prepared to tackle their future goals.

ADVICE

The peer coaching class offered is a very important resource in helping teach coaches. Other than that it is best to be patient with students and try your best to connect with them.