



Vocational Validation Through Volunteering

Jordyn Ruiz, Medical Humanities, 2020

Professional Development

SUMMARY

I am an active volunteer in the Pre-Operative Department of Methodist Stone Oak Hospital since the Fall of 2018. Serving as a weekly volunteer allows me to immerse myself in the medical field and assist directly with patient care. Through this experience, I receive direct patient interaction, observe the responsibility of healthcare providers, and assist the team to provide excellent patient care services. I am responsible for preparing the patient rooms, personal bag items, and helping with the discharge process. The experience has exposed me to the reality of the healthcare profession, solidified why I want to pursue medicine, and demonstrated the importance of every healthcare professional working in concert to provide effective treatment.



SPICES

Through consistent exposure to the medical field, I have solidified my decision to pursue medicine. I began to envision myself serving humanity and providing excellent care as lifetime vocation through my hospital volunteering experience.

HERBS

Serving humanity to honor God is Methodist Hospital's goal and I am directly apart of that honorable service by being their volunteer. I support the healthcare professionals and care for the patients through benevolent service and intentionality.

LEARNING OUTCOMES

Volunteering in a hospital setting requires upholding integrity, respect, and ethical consideration in one's actions and behaviors. In addition, the ability to speak with precision and confidence when answering questions posed by the patient can diminish any fear or anxiety they may be feeling as they prepare for surgery. I hold effective communication as a key component to working as a volunteer in a fast-paced environment where clear direction is needed.

IMPACT

Serving as a volunteer has provided me with the opportunity to understand the healthcare system, observe surgical procedures, and actively take my first steps towards direct patient care. Dedicating a portion of my week to engage with the medical field has been rewarding by being apart of a heath care team providing care to many patients in need. I am able to confidently pursue medicine knowing the responsibilities, demands, and fulfilling nature of the career through immersing myself in the field.

ADVICE

*"You can't be what you can't see."
-Marian Wright Edelman
Dear student, allow yourself the time to explore what interests you even if all the pieces don't make sense in the beginning. Through exposure your passions will surface and lead you to your purpose, but keep knocking until you find the right door to enter into. Your life is too valuable and calling is too great to not do what you find most meaningful.*

