



# Presenting at Scientific Conferences

## Linh Tram, Biochemistry, 2020

Professional-ism Development

### SUMMARY

*The experience includes one poster presentation and one oral presentation at two scientific conferences in Fall 2019.*

*The poster was presented at the Annual Biomedical Research Conference for Minority Students (ABRCMS) in Anaheim, California.*

*The oral presentation took place at the Pharmacology Meeting in Edinburgh, United Kingdom. The conference travel was funded by the American Society for Pharmacology and Experimental Therapeutics.*

*The goal for the experience was to develop my career as a research scientist. Attending conferences is my way to practice conveying my research to an audience.*



### SPICES

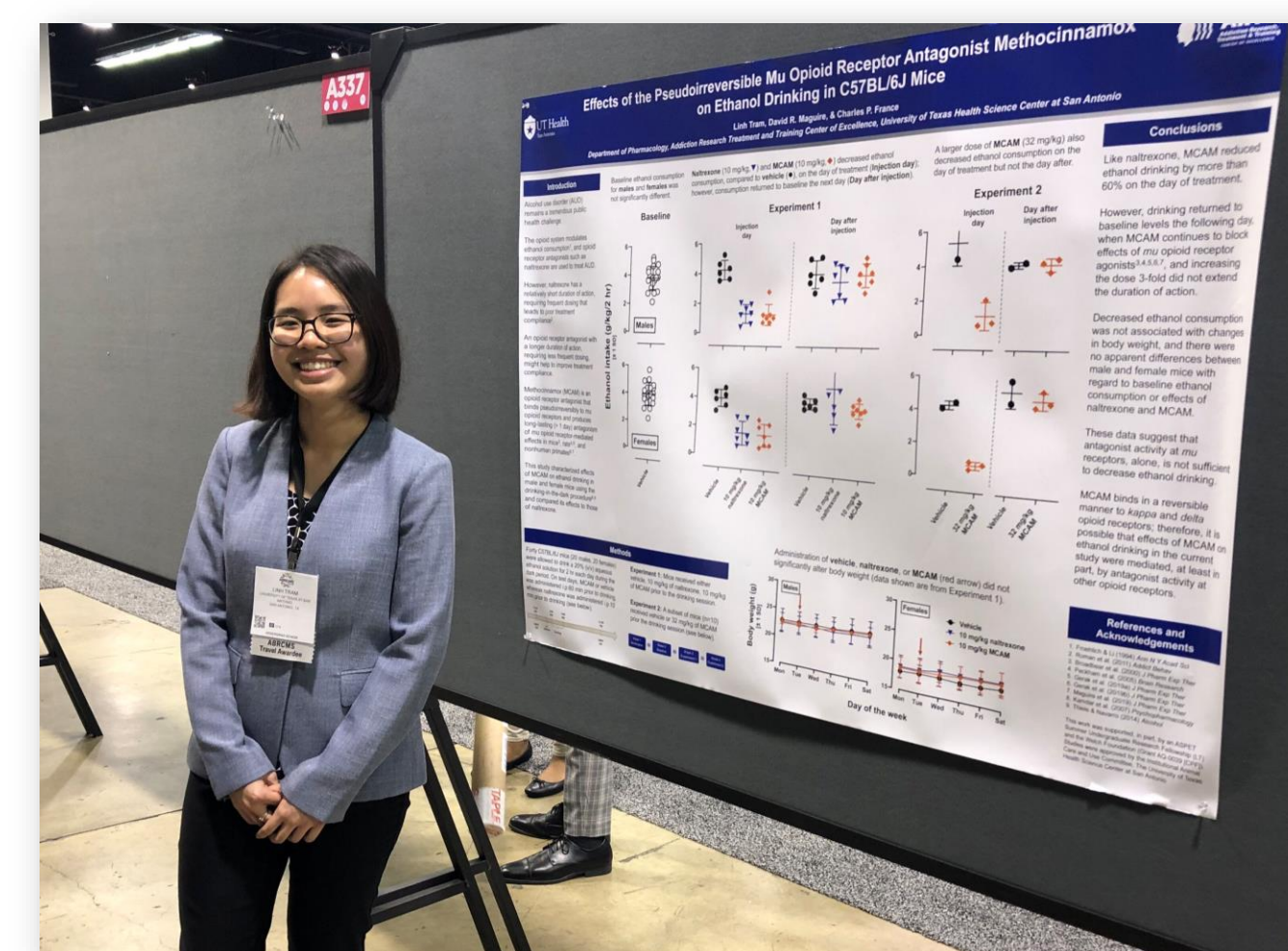
*The activity embodies "Professional Development" in SPICES. Besides the hours spent on the workbench, part of doing research is to present the research and obtain feedback.*

### HERBS

*The activity embodies "Support" in HERBS. Besides your own research, scientific conference is also a place to learn about the research of others.*

### LEARNING OUTCOMES

*One learning outcome of this activity is effective communication. For a scientist, being able to convey your research to a diverse group of audience is crucial. Another learning outcome from the experience is adaptability. The feedback of others could serve as a tremendous resource for your research project. The adaptability also stems from the ability to balance both traveling and coursework.*



### IMPACT

*Public speaking has always been one of my biggest fears. The experience has helped me step out of my comfort zone to speak in front of a large audience with various background. Talking about my own research has also helped me solidify my knowledge of the topic of interest and address the questions that still need to be answered.*

### ADVICE

*You do not need to have your own research project to be able to attend a conference. The upcoming ABRCMS in 2020 will take place in San Antonio!*