



Animal Rescue and Healing with the San Antonio Humane Society

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Service

SUMMARY

I've served locally with the San Antonio Humane Society since November of 2019. My continuing service project aims to help with rehabilitation of injured, malnourished, or neglected animals through fostering. In addition to taking the animals for vaccinations and attending to their regular needs, I provided extra attention to animals that needed medical assistance. My first animal was a dog, named Roxy, who required additional care after having femur surgery, following her being hit by a car and left on the road. My main goal was to execute the necessary physical therapy, range-of motion exercises, and socialization that would allow Roxy to walk normally again. As a pre-medical student, I wanted to work on a cause that would teach me the value of compassion in service.



SPICES

The San Antonio Humane Society is a nonprofit organization that saves animals from abuse and neglect, finding them safe homes. I volunteered for this no-kill shelter by actively serving to rehabilitate and foster animals, since they required attention.

HERBS

I demonstrated benevolence and resilience by taking care of the animals, putting their needs above my own until they could be adopted by a loving family.

LEARNING OUTCOMES

Because this experience was implemented in my home, I made sacrifices in my personal life to accommodate taking care of my foster animal. I eventually achieved my primary goal of helping Roxy to recover fully, and I have so much joy knowing that my former foster dog now can walk straight without pain. Serving selflessly to take care of injured and neglected animals will translate to having the best intentions when helping my future patients in a medical practice.



IMPACT

The San Antonio Humane Society has a general goal of preventing pet overpopulation and encouraging proper care of animals. My service also demonstrated these secondary goals, but I predominantly focused on the recovery process for animals that the organization could not care for. By accomplishing this service, I feel that I have grown both personally and professionally, in that I gained a better perception of what it means to be humane to those in need.

ADVICE

My main advice would be to get involved in service that matters to you, specifically. Then, trying to solve the issue will give purpose and meaning to your life.